**10 K RUN**

**Description: 10 km. Male and Female Route**

It is run in the urban area called PAU 5, on the Sant Joan beach on a 5 km circuit. Approved. Totally asphalt route and absolutely flat, with an average height of only 80 cm. throughout the entire road. 2 full laps are disputed to the circuit.

**CROSS RELAYS**

**Description: 3x2 Km Women. 3x4 Km Men 35-55. 3x2 Km Men 60+**

It is disputed in the area called PAU 5 on Sant Joan Beach in a circuit of 2 km. Inside a park with a mixed path of land and grass, between trees and in the vicinity of the 10 km route trail.

Zone with slight natural unevenness although it is a fast circuit in general and that does not present excessive difficulties in its route.
Description: 10 km M/W and 20 km W and 30 km M

It runs along the Paseo del Puerto, in the most emblematic area of the city of Alicante. The circuit is within a pedestrian structure that runs along the sea the total of its 2 km of route, approved by the RFEA, with Exit and Meta at Avenida Almirante Julio Guillen Tato is absolutely flat and 0 m. above sea level, with only two turns of 180° and the rest of the circuit totally linear. There will be an open provisioning zone and a provisioning area reserved for equipment for private use (upon request) as well as a Pit Lane area.
HALF MARATHON ASPHALT - APPROVED CENTER OF ALICANTE

Description: Half Marathon Masculine and Feminine

It is run on a homologated and absolutely urban circuit, totally of asphalt, with a maximum difference of 32 m. along a distance of 10,548.75 m. which will be given 2 full laps.

With Departure and Goal in the most emblematic walk of the city, The Esplanade of Spain and going through the most representative streets and monuments of the city, Port of Alicante, Plaza de Toros, Postiguet Beach, Palace of the Diputación, Plaza de los Luceros, Rambla de Mendez Núñez...

TIC & SPORT VILLAGE | CC PANORAMIS

It is located in the area called C.C. Panoramis, next to the Real Club de Regatas de Alicante and in front of the building of the Port Authority of Alicante. It is located in the atrium of a shopping center where the different services of the Championship will be located (accreditation, confirmation of participants, welcome pack, technical information center, results panels, RFEA office ...) in a covered outdoor area. Will celebrate the delivery of prizes of the roadwalk in this incomparable marine frame of our city.

There is in that same CC Panoramis covered parking area, as well as several gastronomy and leisure places of great reputation in our city at the disposal of the Championship.