

European Best Male Master Athlete 2015

David is just beginning his 40th year in competitive athletics, and he has lost none of the enthusiasm. Passionate about athletics, David also coaches the middle distance group at his club CA Balma in Toulouse, and includes 2013 European Cross Country Champion Sophie Duarte amongst his successful athletes.



2015 was a great year for David. Competing against senior athletes throughout the winter, David decided to turn his attention to masters 800m and 1500m in the summer, with his focus being Lyon and Beijing. His winter work was rewarded with victory at Lyon in the M50 800m and 1500m, and a further victory in the 800m at Beijing in the inaugural Masters 800m event during the World Championships. It also brought him a European record in the 800m and a World record in the 1500m. "Beijing was a wonderful experience. The atmosphere and the comradeship with all the masters athletes made it an unforgettable time, and really made me appreciate masters athletics."

A summary of David's season:

21.06.2015	Castres, France	1500m	3'58.26
04.07.2015	Paris Diamond	800m	1'58.90
29.07.2015	Castres, France	800m	1'58.72
09.07.2015	Lyon	800m	2'01.93
14.07.2015	Lyon	1500m	4'01.54
29.08.2015	Beijing	800m	2'00.92

David has just taken a well-earned break for the whole of September, and is now looking forward to training again.in preparation for next season.

And we will see him again on the track.
Good luck for your preparation!