

European Best Veterans 2010

Best Male Veteran

Emilio de la Cámara (ESP)

As to Spanish championships since 1992 = 32 gold medals, 5 silver and 3 bronze;
European championships since 1990 = 18 gold medals, 8 silver and 2 bronze.
World championships since 1997 = 15 gold medals, 6 silver and 5 bronze.
Records beaten since 1997 = Durban (steeple), Gateshead (10.000), San Sebastian (5.000 and 10.000), Jyväskylä (steeple) Poznan (steeple), and Zuera (10.000)

