

EUROPEAN MASTERS INDOOR RECORDS 2023

compiled by Ivar Söderlind, Record Manager of EMA (updated June 27, 2023)

I have worked with the European Masters Record for more than 34 years. I started in July 1988 on behalf of EVAA (European Veteran Athletics Association). Before it was no statistic compilation with official European Masters Records. Since June 2000, when I started the EVAA Web Site, I have compiled and reported the European Records on EVAA/EMA Web Site.

In 2012, we started the Data Base of the European Records/Best Performances in EVAA Website. I really believe that the Data Base and the EMA Record Group with me, Giusy Lacava from Italy and Fernando Marquina from Spain has been a step in the right direction in pace with times. I will also continue to publish Record lists with my comments on the EMA Web Site. Please check the list given below and help us in the Record Group to make it more complete.

In 2023 up to June 27 we have registered 50 European Indoor Records (21 female and 29 male records) and 29 of these records also are world records. We have 6 more results (a) which shall be ratified as European Records when/if all record forms/documents are received and ratified by EMA. In Pentathlon we have new Age Factors (WMA 2023 Age Factors) and Ove Edlund, my statistician colleague in Sweden, have recalculated all multi-sport events with the new Age Factors. Most European Record Holders in 31 December 2022 keep their Pentathlon records but with changed total points and changed partial points in the various events. In the World Masters Indoor Championships in Torun March 26 - April 1, 2023, we registered 30 European Records (2 outdoors) and 21 of these European Records also are World Records.

In the whole year 2022 (up to December 31 we registered 48 European Indoor Records and 30 of these records also were/are world records. In some events, the old European indoor records were broken twice in 2022, which does not appear in the record list.

During the "Corona year" 2021, up to December 31, we registered 21 European Indoor Records and 15 of these records also were World Records.

In 2020, up to December 31, we had, despite the Corona pandemic and no International Indoor Masters Championships, registered as many as 26 European Indoor Records and 14 of these records also were World Indoor Records.

In 2019, up to December 31, we totally registered 57 European Indoor Records and 31 of them also were World Indoor Records. In the World Masters Championships Indoors (WMA CI) in Torun, Polen in March 2019 we noted 42 European Records (3 outdoors) and 20 of these records also were world records. Totally it was 36 World Records (1 outdoors) in Torun.

In 2018, up to December 31, we registered 36 European Indoor Records and 23 of these also were world records. In the European Masters Indoors Championships in Madrid March 19-24, 2018, we registered 16 European Records (3 outdoors), 11 World Records (2 outdoors) and 74 Championships records (15 outdoors). In 2017 we registered 32 European Indoor Records and 20 of these also were World Records. In 2016, we registered 47 European Indoor Records (25 World Records).

Remember when you report new Pentathlon Records to include the results for all the five events and not only the points (see in the new EMA application). From January 2023, we also have new age factors for scoring of Pentathlon indoors. All records which are affected by the new age factors are updated.

Observe that for European/World Records in Weight Throw it always must be Weight Throw indoors, not outdoors in an Indoor Championship!! Only results with all tasks reported (Birth Date, Date and Place for the Competition) are approved as official records. Only electronically timing is accepted for all distances in the Record List. For distances from 200m and more the track round must be 220yards (201.168m) or shorter.

New records can most easily be reported by the EMA Record Application! Take copies of the application from the EMA Web Site and also send a copy of the result lists to us, preferable by mail as an attachment. If the European Record also is a World Record, I will inform the WMA Records Chairperson, for their approval.

A copy of "photofinish" and "zero control test" are required for events with Fully Automatic Timing. "Zero control test" means that the Record Application must be accompanied by an electronic photo of the gun shot that shows that the clock starts just when you see the mouth of the flame, i.e. one must above all prove that the clock does not start later, which would provide for a better time.

Results from European Masters Championships - EMC (Stadia/Non-Stadia/Indoors) and results from WMA Championships are not necessary to report to EMA. We in the Record Working Team also have control over the results from international competitions sanctioned by IAAF or EAA and figuring in the IAAF and EAA Calendars. If WA (World Athletics) and EA (European Athletics) accept results that are made in accordance with their regulations, we need no further checks.

* = new records registered 2023

* = new records registered 2022

a) = the record will be ratified when/if all record forms are received and registered by EMA

EMC = record noted in European Masters Athletic Championships Indoors

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EVC = record noted in European Veteran Athletic Championships Indoors

WMA = record noted in WMA Championships Indoors

EC = record noted in European Championships Indoors

Take a look at the official EMA Web Site and the instructions for the Record Procedure and also the new European Record Form https://www.european-masters-athletics.org/files/record_procedure.

60m

Age group		Name and country	Born	Meet place	Meet date	
M35	6.51	Linford Christie,GBR	020460	Sindelfingen,GER	010397	
M40	6.69	Dwain Chambers,GBR	050578	London,GBR	160219	
*M45	6.92	Lion Martinez,SWE	260178	Uppsala,SWE	280123	World R
a)	6.88	Lion Martinez,SWE	260178	Göteborg,SWE	020223	World R
M50	7.04	Mario Longo,ITA	210864	Ancona,ITA	290316	EMC World R
M55	7.41	Andr� Bancod,FRA	050364	Torun,POL	260319	WMA
M60	7.66	Vladimir Vybostok,SVK	190247	Helsinki,FIN	230307	EVC
a)	7.65	Güner Güngör,TUR	260458	Izmir,TUR	260119	
M65	7.81	Vladimir Vybostok,SVK	190247	Jyväskylä,FIN	040412	WMA
M70	8.09	Glyn Sutton,GBR	030545	Ancona,ITA	230116	EMC
M75	8.56	Harmut Kraemer,GER	190342	Madrid,ESP	210318	EMC
*M80	9.11	Harmut Kraemer,GER	190342	Hanau,GER	050223	
M85	9.78	Giuseppe Marabotti,ITA	111115	Bordeaux,FRA	100301	EVC
M90	10.91	Vittorio Col�,ITA	090911	Torino,ITA	020202	World R
M95	14.09	Pekka Penttila,FIN	190324	Torun,POL	270319	WMA World R
M100	17.52	Giuseppe Ottaviani,ITA	200516	Ancona,ITA	200516	World R
W35	7.17	Irina Khabarova,RUS	180366	Omsk,RUS	241205	
W40	7.17	Merlene Ottey,SLO	100560	Linz,AUT	070303	World R
W45	7.30	Merlene Ottey,SLO	100560	Leipzig,GER	090207	World R
W50	8.12	Nicole Alexis,FRA	090160	Paris,FRA	030115	
W55	8.01	Nicole Alexis,FRA	090160	Torun,POL	250315	EMC World R
*W60	8.33	Nicole Alexis,FRA	090160	Torun,POL	290323	WMA World R
W65	8.80	Ingrid Meier,GER	010447	Jyväskylä,FIN	040412	WMA World R
*W70	9.64	EWA Bartosik,POL	150351	Torun,POL	120222	
*W75	10.04	Ingrid Meier,GER	010447	Torun,POL	290323	WMA
*W80	10.58	Rietje Dijkman,NED	210639	Braga,POR	240222	EMC
W85	12.48	Emma Mazzenga,ITA	010833	Torun,POL	270319	WMA
W90+	16.81	Elena Pagu,ROU	270726	Torun,POL	270319	WMA

200m

		Name and country	Born	Meet place	Meet date	
M35	20.59	Doug Turner,GBR	021266	Birmingham,GBR	170202	World R
M40	21.71	Darren Scott,GBR	070369	Birmingham,GBR	070210	World R
*M45	22.23	Lion Martinez,SWE	260178	Torun,POL	310323	World R
M50	23.22	Stephen Peters,GBR	050753	Sindelfingen,GER	110304	WMA
*M55	24.07	Claudio Fausti,ITA	050267	Braga,POR	260222	EMC
*M60	24.28	John Wright,GBR	050659	Torun,POL	310323	WMA World R
M65	25.59	Guido Müller,GER	221238	Linz,AUT	120205	
M70	26.87	Guido Müller,GER	221238	Sindelfingen,GER	130210	
M75	27.87	Guido Müller,GER	221238	Erfurt,GER	010314	
*M80	31.06	Harmut Kraemer,GER	190342	Hanau,GER	050223	
M85	34.42	Ugo Sansonetti,ITA	100119	Sindelfingen,GER	100304	WMA
M90	40.19	Herbert E Müller,GER	121129	Düsseldorf,GER	090220	World R
M95	54.77	Charles Eugster,GBR	260719	Torun,POL	200516	World R
M100	2:15.90	Giuseppe Ottaviani,ITA	200516	Ancona,ITA	200516	
W35	23.04	Sandra Myers,ESP	090161	Torino,ITA	170296	
W40	23.93	Merlene Ottey,SLO	100560	Wien,AUT	280103	World R
W45	25.44	Maryvonne Icarre,FRA	071265	Faubonne,FRA	090111	World R
W50	25.94	Maryvonne Icarre,FRA	071265	Ancona,ITA	010416	EMC World R
W55	26.13	Nicole Alexis,FRA	090160	Torun,POL	270315	WMA World R
*W60	27.34	Nicole Alexis,GBR	090160	Torun,POL	030323	WMA World R
W65	29.98	Helen Godsell,GBR	010254	London,GBR	100319	
W70	33.11	Jo Ogden,GBR	180627	Glasgow,GBR	280298	
*W75	33.76	Michelle Peroni-Edoh,FRA	070847	Miramas,FRA	030323	
*W80	36.93	Rietje Dijkman,NED	210639	Braga,POR	260222	EMC
W85	44.28	Emma Mazzenga,ITA	010833	Torun,POL	290319	WMA
W90+	1:40.53	Elzbieta Kalinowska,POL	010128	Torun,POL	290319	WMA

400m

		Name and country	Born	Meet place	Meet date.	
M35	47.35	Ruslan Maschenko, RUS	011171	Volgograd, RUS	090207	World R
*M40	48.83	Ricardo Menendez, ESP	260878	Braga, POR	220222 EMC	World R
M45	50.66	James Atteen Fernandez, ESP	010675	Madrid, ESP	200321	
*M50	50.55	Juan Luis Lopez Anaya, ESP	140570	Antequera, ESP	050322	World R
*M55	54.04	Cladio Fausti, ITA	050267	Torun, POL	280323 WMA	
*M60	55.65	John Wright, GBR	150659	Torun, POL	280323 WMA	
M65	56.63	Guido Müller, GER	221238	Fürth, GER	080204	World R
M70	59.48	Guido Müller, GER	221238	Fürth, GER	300110	
M75	1:03.12	Guido Müller, GER	221238	Fürth, GER	020314	World R
M80	1:16.16	Guido Müller, GER	221238	Erfurt, GER	020219	World R
M85	1:23.62	Manuel Alonso Domingo, ESP	210336	Ancona, ITA	250921	
M90	1:41.08	Herbert E Müller, GER	121129	Düsseldorf, GER	090220	
W35	51.99	Helena Fuchsova, CZE	030665	Praha, CZE	180201	World R
*W40	54.63	Aneta Lemiesz, POL	170181	Spala, POL	050222	World R
W45	58.46	Monique Krefting, GBR	131169	London, GBR	240219	
*W50	60.11	Sharon Wilkinson, GBR	010971	Braga, POR	220222 EMC	World R
W55	1:02.11	Caroline Powell, GBR	211253	London, GBR	090313	World R
*W60	1:04.55	Virginia Mitchell, GBR	180223	Porun, POL	280323	World R
W65	1:08.94	Caroline Powell, GBR	211253	Torun, POL	260319 WMA	
W70	1:17.21	Michelle Peroni-Edoh, FRA	070847	Nantes, FRA	210220	World R
*W75	1:17.03	Michelle Peroni-Edoh, FRA	070847	Miramas, FRA	040323	World R
W80	1:30.37	Kathleen Stewart, GBR	070839	Lee Valley, London	070320	World R
W85	1:51.89	Emma Mazzenga, ITA	010833	Torun, POL	260319 WMA	World R
*W90	2:20.76	Melitta Czerwenska-Nagel, GER	300430	Braga, POR	230222 EMC	World R

800m

		Name and country	Born	Meet place	Meet date	
M35	1:48.92	Nico Motchebon, GER	131169	Stuttgart, GER	290105	World R
M40	1:50.92	Anthony Whiteman, GBR	131171	Sheffield, GBR	080214	
M45	1:52.96	Anthony Whiteman, GBR	131171	Sheffield, GBR	110217	World R
M50	1:59.69	Gunnar Durén, SWE	160963	Stockholm, SWE	060214	
*M55	2:06.02	Francesco D'Agostino	090166	Ancona, ITA	020323	World R
*M60	2:13.63	Jean Galic, FRA	030262	Eaubonne, FRA	040222	
M65	2:15.30	Paul Forbes, GBR	181221	Glasgow, GBR	181221	World R
M70	2:26.56	Hans Smeets, NED	230247	Dortmund, GER	271217	
a)	2:24.01	Joe Gough, IRL	100153	Athlone, IRL	050223	
*M75	2:38.59	Hans Smeets, NED	230247	Braga, POR	230222	
a)	2:35.02	Hans Smeets, NED	230247	Gent, BEL	140123	
M80	2:43.67	Jose Vicente Rioseco Lopez, ESP	300441	Ancona, ITA	250921	World R
*M85	3:08.06	Manuel Alonso Domingo, ESP	210336	Madrid, ESP	210321	World R
M90	4:13:39	Herbert E Müller, GER	121129	Erfurt, GER	290220	
M95	5:42.52	Antonio Nacca, ITA	161223	Ancona, ITA	240219	World R
W35	1:58.37	Helena Fuchsova, CZE	030665	Liévin, FRA	250201	World R
W40	2:01.59	Yekaterina Podkopyayeva, RUS	110652	Grenoble, FRA	060294	World R
*W45	2:12.24	Alejandra Galvez, ESP	190877	Ourense, ESP	150223	World R
W50	2:16.73	Eva Trost, GER	300168	Munich, GER	100218	World R
W55	2:20.10	Anne Gilshinan, IRL	060461	Athlone, IRL	080320	World R
*W60	2:29.96	Virginia Mitchell, GBR	290163	Torun, POL	300323	World R
*W65	2:47.18	Alison Bougeois, SUI	300453	Ludwigshafen, GER	050323	
W70	2:56.36	Angela Copson, GBR	200447	Torun, POL	280319 WMA	
W75	3:18.55	Riet Jonkers, NED	041043	Gent, NED	120119	
W80	3:45.54	Lydia Ritter, GER	081138	Ludwigshafen, GER	080220	
W85	4:09.58	Melitta Czerwenka-Nagel, GER	300430	Ancona, ITA	310316 EMC	World R
*W90	5:27.80	Melitta Czerwenska-Nagel, GER	300430	Braga, POR	230222 EMC	World R

1500m

		Name and country	Born	Meet place	Meet date	
M35	3:37.40	Marcus O'Sullivan, IRL	221261	Stockholm, SWE	200297	
M40	3:44.12	Anthony Whiteman, GBR	131171	London, GBR	030312	
M45	3:54.94	Anthony Shane Whiteman, GBR	131171	Sheffield, GBR	070217	World R
*M50	4:06.02	Dean Richardsson, GBR	310173	Torun, POL	010423	WMA
a)	4:01.76	Shane Healy, IRL	051068	Dublin, IRL	010320	World R
M55	4:16.69	Guy Bracken, GBR	171261	Glasgow, GBR	070317	
M60	4:26.62	Brian Lynch, IRL	140154	Budapest, HUN	300314	WMA World R
M65	4:43.01	Cees Stolwijk, NED	100150	Apeldoorn, NED	140215	World R
M70	4:53.53	Cees Stolwijk, NED	100150	Apeldoorn, NED	010220	World R
M75	5:20.96	Jean-Louis Esnault, FRA	190140	Ancona, ITA	020416	EMC
M80	5:33.33	José Vicente Rioseco Lopez, ESP	300441	Ancona, ITA	240921	World R
M85	6:19.55	Manuel Alonso Domingo, ESP	210336	Ourense, ESP	281121	World R
M90	8:33.37	Antonio Nacca, ITA	161223	Ancona, ITA	080314	World R
M95	10:55.85	Antonio Nacca, ITA	161223	Ancona, ITA	230219	World R
W35	4:03.61	Violeta Szekely, ROM	230365	Stockholm, SWE	150201	
W40	4:05.19	Yekaterina Podkopyayeva, RUS	110652	Paris, FRA	090397	WC World R
W45	4:28.13	Corinne Debaets, BEL	021263	Gent, BEL	220209	World R
W50	4:40.07	Clare Elms, GBR	261263	London, GBR	080314	World R
*W55	4:43.59	Anne Gilshinan, IRL	060464	Abbotstown, IRE	190122	World R
W60	5:10.44	Lidia Zenther, GER	270353	Ludwigshafen, GER	010214	
W65	5:36.88	Angela Copson, GBR	200447	San Sebastian, ESP	240313	EVC
W70	5:49.12	Angela Copson, GBR	200447	London, GBR	100318	World R
W75	6:47.04	Melitta Czerwenka-Nagel, GER	300430	Linz, AUT	200306	WMA World R
W80	7:52.11	Melitta Czerwenka-Nagel, GER	300430	San Sebastian, ESP	240313	EVC
W85	8:47.83	Melitta Czerwenka-Nagel, GER	300430	Ludwigshafen, GER	300116	World R
*W90	11:38.34	Melitta Czerwenska-Nagel, GER	300430	Braga, POR	260222	EMC World R

3000m

		Name and country	Born	Meet place	Meet date	
M35	7:40.68	Dieter Baumann, GER	090265	Stuttgart, GER	030202	
M40	8:01.44	Vyacheslav Shabunin, RUS	270969	Moskva, RUS	070210	
M45	8:22.54	Davide Raineri, ITA	210573	Padova, ITA	310121	World R
M50	8:37.73	J A Cuadrillero Barranco, ESP	061071	Ourense, ESP	261121	World R
M55	8:58.7m	Günther Hesselmann, GER	030825	Dortmund, GER	141280	World R
*M60	9:31.40	Håkan Eriksson, SWE	200861	Västerås, SWE	250222	World R
*M65	9:59.02	Alastair George Walker, GBR	250556	Glasgow, GBR	300122	World R
a)	9:57.18	Alastair George Walker, GBR	250556	Glasgow, GBR	290123	World R
*M70	10:38.15	Luciano Moser, ITA	280153	Padova, ITA	050323	World R
M75	11:43.09	Jean-Louis Esnault, FRA	190140	Torun, POL	230315	EMC
M80	12:57.71	Manuel Alonso Domingo, ESP	210336	Madrid, ESP	220117	
*M85	14:28.57	Bernardino Pereira, POR	160336	Braga, POR	190322	
M90	18:06.97	Antonio Nacca, ITA	161223	Ancona, ITA	080314	World R
M95	22:52.15	Antonio Nacca, ITA	161223	Ancona, ITA	220219	World R
W35	8:39.81	Helen Clitheroe, GBR	020174	Birmingham, GBR	190211	
W40	8:58.20	Nuria Fernandez, ESP	160876	Belgrade, SRB	030317	EC World R
W45	9:11.67	Nicole Leveque, FRA	270151	Paris Bercy, FRA	110296	World R
W50	9:56.39	Fiona Matheson, GBR	250461	Glasgow, GBR	281211	World R
W55	10:13.40	Clare Elms, GBR	261263	London, GBR	100319	World R
*W60	10:48.13	Fiona Matheson, GBR	250461	London, GBR	020422	World R
W65	11:49.53	Angela Copson, GBR	200447	San Sebastian, ESP	190313	EVC
W70	12:37.45	Angela Copson, GBR	200447	London, GBR	110318	
W75	13:55.58	Elfriede Hodapp, GER	150635	Erfurt, GER	030312	World R
W80	15:52.13	Denise Leclerc, FRA	101033	Eaubonne, FRA	230214	World R
W85	18:38.76	Melitta Czerwenka-Nagel, GER	300430	Erfurt, GER	130216	World R

3000m Track Walk

		Name and country	Born	Meet place	Meet date	
M35	11:08.0	Robert Korzeniowski, POL	300768	Belfast, GBR	150204	World R
*M40	11:47.40	Jose Ignacio Aledo Romera, ESP	141079	Valencia, ESP	180223	
M45	12:14.77	Miguel Angel Prieto, ESP	200964	Gent, BEL	170311	EVC World R
M50	12:38.88	Gilles Sahuc, FRA	230562	Budapest, HUN	260314	WMA
M55	13:16.03	Graziano Morotti, ITA	150151	Ancona, ITA	280209	
M60	13:37.96	Graziano Morotti, ITA	150151	Gent, BEL	170311	EVC World R
M65	14:23.80	Ian Richards, GBR	120448	Budapest, HUN	260314	WMA
M70	15:19.64	Ian Richards, GBR	120448	Torun, POL	250319	WMA World R
M75	16:29.62	Arthur Thomson, GBR	220436	Enfield, GBR	110312	World R
M80	17:41.4	James Grimwade, GBR	170512	Cosford, GBR	200393	World R
M85	21:13.8	George Mitchell, GBR	051114	Torun, POL	260200	World R
a)	20:44.34	Romolo Pelliccia, ITA	190936	Ancona, ITA	090323	World R
M90	24:33.58	Viljo Hyvola, FIN	030129	Torun, POL	250319	WMA World R
M95+	35:53.5	Ilmari Koppinen, FIN	080118	Turku, FIN	110213	World R
W35	12:23.46	Maria Jose Poves Novella, ESP	160378	Zaragoza, ESP	090314	World R
W40	12:33.1	Olena Veremiychuk, UKR	131059	Kyiv, UKR	260200	World R
W45	14:00.40	Kristine Saltanovic, LTU	200275	Braga, POR	220220	
W50	14:18.0	Siw Karlström, SWE	090757	Uddevalla, SWE	100312	World R
W55	15:06.18	Maria A Silva Fernandes, POR	260352	Pombal, POR	230208	
W60	15:39.97	Marie-Astrid Monmessin, FRA	050256	Nogent S Oise, FRA	190216	World R
W65	17:32.0	Britta Tibbling, SWE	190318	Lidingö, SWE	140287	
*W70	17:39.27	Maria Orlete Mendes, POR	250951	Torun, POL	280323	World R
*W75	20:02.27	Antonina Tyshko, UKR	200257	Torun, POL	280323	World R
W80	21:34.4	Aina Engberg, SWE	020223	Västerås, SWE	210204	World R
W85+	23:30.8	Aina Engberg, SWE	020223	Huddinge, SWE	160308	World R
W90	27:25.90	Elena Pagu, ROM	250726	Torun, POL	260319	WMA World R

60m hurdles

M35-M45 (hurdle height 0.991m). M50-M55 (hurdle height 0.914m). M60-M65, W35 (hurdle height 0.84 m). M70-M75, W40-W55 (hurdle height 0.762 m). M80+, W60+ (hurdle height 0.686 m)

		Name and country	Born	Meet place	Meet date	
M35	7.40	Colin Jackson, GBR	180267	Wien, AUT	020302	EC World R
M40	7.85	Vincent Clarico, FRA	080166	Linz, AUT	190306	WMA World R
*M45	7.91	Mensah Elliot, GBR	290876	London, GBR	130322	World R
*M50	8.23	Joe Appiah, GBR	280123	London, GBR	280123	
M55	8.91	Martin Vogel, GER	220959	Torun, POL	250315	EMC
M55	8.91	Donald Brown, GBR	21096	Lee Vally, London	070320	
M60	9.00	Rolf Geese, GER	190244	Sindelfingen, GER	130304	WMA
M65	9.36	Valeriy Davydov, RUS	280150	Torun, POL	250315	EMC
M70	9.76	Rolf Geese, GER	190244	Erfurt, GER	020314	
M75	10.32	Rolf Geese, GER	190244	Erfurt, GER	010320	
M80	10.86	Anthony Bowman, GBR	020935	London, GBR	120316	World R
*M85	12.95	Anthony Bowman, GBR	020935	London, GBR	050322	World R
M90+	17.56	Ilmari Koppinen, FIN	080118	Tampere, FIN	100208	
W35	8.02	Patricia Girard, FRA	080468	Madrid, ESP	050305	EC
W40	8.07	Patricia Girard, FRA	080468	Paris, FRA	130209	World R
W45	8.79	Christine Müller, SUI	220758	Sindelfingen, GER	130304	WMA World R
W50	9.26	Christine Müller, SUI	220758	Ancona, ITA	280309	EVC World R
W55	9.65	Petra Bajeat, FRA	060366	La Fleche, FRA	121221	
W60	9.80	Jane Horder, GBR	180157	Lough Borough, GBR	030218	World R
*W65	10.00	Jane Horder, GBR	180157	Torun, POL	010423	WMA World R
W70	11.37	Asta Larsson, SWE	231031	Lund, SWE	020202	World R
W75	13.17	Riet Jonkers, NED	041043	Utrecht, NED	050119	World R
W80+	25.44	Dorothy McLennan, IRL	110935	Torun, POL	290319	WMA

High Jump

		Name and country	Born	Meet place	Meet date	
M35	230	Dragutin Topic, SRB	120371	Novi Sad, SRB	070208	World R
M40	210	Dalton Grant, GBR	050466	Banska Bystr, SLO	050208	World R
M45	200	Marco Segatel, ITA	230362	Aosta, ITA	020308	
M50	200	Thomas Zacharias, GER	020147	Birmingham, GBR	020397	EVC World R
M55	187	Marco Segatel, ITA	230362	Madrid, ESP	190318	EMC
M60	178	Oleg Fedorko, UKR	311054	Madrid, ESP	190318	World R
M65	173	Oleg Fedorko, UKR	311054	Kuiv, UKR	080920	World R
M70	159	Carl-Erik Särndal, SWE	170737	Ancona, ITA	270309	EVC World R
M75	152	Carl-Erik Särndal, SWE	170737	Malmö, SWE	200113	World R
M80	140	Carl-Erik Särndal, SWE	170737	Malmö, SWE	020319	World R
*M85	127	Carl-Erik Särndal, SWE	170737	Torun, POL	260323	World R
M90	107	Emmerich Zensch, AUT	201219	Kamloops, CAN	060310	WMA World R
M95+	95	Emmerich Zensch, AUT	201219	Ancona, ITA	010416	EMC
W35	202	Anna Chicherova, RUS	220782	Moscow, RUS	150219	World R
W40	194	Venelina Veneva-Mateev, BUL	130674	Dobrich, BUL	150215	World R
W45	165	Julia Machin, GBR	260370	Lee Valley, London	010320	
W50	160	Petra Bajeat, FRA	060366	Torun, POL	290319	NMA World R
W55	155	Wendy Laing, GBR	291262	Madrid, ESP	210318	EMC World R
W60	150	Frauke Viebahn, GER	261159	Düsseldorf, GER	090220	World R
W65	139	Weia Reinboud, NED	110350	Apeldoorn, NED	130216	World R
W70	130	Ursula Stelling, GER	230541	Erfurt, GER	030312	World R
a)	132	Weia Reinboud, NED	110350	Apeldoorn, NED	120222	World R
W75	124	Rietje Dijkman, NED	210639	Apeldoorn, NED	130216	
*W80	117	Rietje Dijkman, NED	210639	Braga, POR	260222	EMC World R
*W85+	90	Giulia Perugini, ITA	091126	Ancona, ITA	110222	

Pole Vault

		Name and country	Born	Meet place	Meet date	
M35	590	Björn Otto, GER	161077	Gottbus, GER	300113	World R
M40	523	Oscar Jansson, SWE	220775	Växjö, SWE	260217	
M45	490	Jonas Asplund, SWE	140273	Göteborg, SWE	200120	
a)	515	Oscar Jansson, SWE	220775	Göteborg, SWE	070123	
M50	464	Mark Johnson, GBR	210216	Enfield, GBR	210216	
M55	451	Wolfgang Ritte, GER	070153	Alsfeld, GER	070210	
M60	416	Wolfgang Ritte, GER	070153	Ludwigshafen, GER	310115	World R
M65	396	Wolfgang Ritte, GER	070153	Madrid, ESP	200318	EMC World R
*M70	356	Wolfgang Ritte, GER	070153	Torun, POL	310323	WMA World R
*M75	302	Valdis Cela, LAT	010248	Torun, POL	310323	WMA
M80	256	Lars Wennblom, SWE	281034	Borås, SWE	090315	
M85	191	Åke Lund, FIN	081030	Helsinki, FIN	261115	
a)	196	Knut Erik Skramstad, NOR	100137	Grimes, NOR	260322	
M90+	160	Ahti Pajunen, FIN	031209	Heinola, FIN	060200	
	160	Emmerich Zensch, AUT	201219	Kamloops, CAN	050310	WMA
W35	452	Nicole Buchler, QAT	171283	Zürich, SWI	280819	
W40	405	Doris Auer, AUT	100571	Wien, AUT	210112	World R
W45	355	Irie Hill, GBR	160169	Budapest, HUN	260314	WMA World R
W50	351	Irie Hill, GBR	160169	Torun, POL	300319	WMA World R
W55	302	Brigitte van de Kamp, NED	150660	Apeldoorn, NED	130218	World R
W60	291	Susan Yeomans, GBR	160353	Edmonton, GBR	070315	
W65	261	Susan Yeomans, GBR	160353	Torun, POL	300319	WMA
*W70	233	Ute Ritte, GER	210352	Düsseldorf, GER	260322	World R
W75	185	Kirsi Viitanen, FIN	210842	Turku, FIN	250118	
*W80+	150	Kirsi Viitanen, FIN	210842	Torun, POL	010423	WMA

Long Jump

		Name and country	Born	Meet place	Meet date	
M35	798	Bogdan Tudor, ROM	010270	Bucuresti, ROM	130205	World R
M40	759	Mattias Sunneborn, SWE	270970	Stockholm, SWE	030213	World R
M45	697	Rainer Wenk, GER	080360	Eskilstuna, SWE	120305	EVC
M50	675	Gianni Becatti, ITA	270863	Ancona, ITA	280215	World R
M55	634	Stig Bäcklund, FIN	271039	Oulu, FIN	190395	World R
M60	593	Adrian Neagu, ROU	150653	Budapest, HUN	290314	WMA World R
M65	548	Klemens Grisser, GER	121151	Daegu, KOR	240317	WMA World R
M70	522	Vladimir Popov, US	090732	Moscow, RUS	200304	EVC World R
M75	470	Wolfgang Reuter, GER	120829	Eskilstuna, SWE	110305	EVC World R
M80	405	Hans Hoffman, GER	080925	Linz, AUT	150306	WMA
a)	409	Juhan Tennasilm, EST	250240	Tartu, EST	041221	
*M85	361	Lothar Fisher, GER	150336	Mannheim, GER	040323	World R
M90	296	Vittorio Colo, ITA	091111	San Sebastian, ESP	070303	EVC
M95	205	Emmerich Zensch, AUT	201219	Torun, POL	240315	EMC World R
M100	116	Giuseppe Ottaviani, ITA	200516	Ancona, ITA	250217	World R
W35	686	Heike Drechsler, GER	161264	Gent, BEL	270200	World R
W40	664	Tatyana Ter-Mesrobian, RUS	120568	S. Petersburg, RUS	050110	World R
*W45	573	Magdalena Hristova, BUL	250277	Torun, POL	270323	WMA
W50	557	Petra Bajeat, FRA	060366	Torun, POL	250319	WMA World R
*W55	529	Renata Novosel, CRO	281167	Zagreb, CRO	040323	World R
W60	458	Christiane Schmalbruch, GER	080137	Malmö, SWE	060399	EVC World R
W60	458	Maria Rosa Escribano, ESP	291258	Torun, POL	260319	WMA World R
W65	436	Ingrid Meier, GER	010447	Jyväskylä, FIN	060412	WMA World R
W70	395	Christiane Schmalbruch, GER	080137	Hamburg, GER	170208	
W75	371	Christiane Schmalbruch, GER	080137	Budapest, HUN	270314	WMA
*W80	349	Rietje Dijkman, NED	210639	Braga, POR	220222	EMC
W85	201	Senni Sopanen, FIN	110927	Budapest, HUN	270314	WMA
*W90	223	Rosa Pedersen, DEN	250230	Randers, DEN	050222	World R

Triple Jump

		Name and country	Born	Meet place	Meet date	
M35	1744	Jonathan Edwards, GBR	100566	Birmingham, GBR	210203	World R
M40	1713	Donato Fabrizio, ITA	140876	Belgrade, SRB	050317	EC World R
M45	1470	Wolfgang Knabe, GER	120759	Hannover, GER	290105	
M50	1411	Wolfgang Knabe, GER	120759	Hannover, GER	230110	World R
M55	1349	Wolfgang Knabe, GER	120759	Erfurt, GER	230110	World R
M60	1253	Stig Bäcklund, FIN	271039	Porvoo, FIN	131199	World R
M65	1193	Klemens Grissmer, GER	121151	Madrid, ESP	210318	World R
M70	1088	Pertti Ahomäki, FIN	260246	Ancona, ITA	020416	EMC World R
*M75	979	Olle Borg, SWE	011047	Torun, POL	010423	WMA World R
M80	863	Samuli Korpi, FIN	180829	Kouvola, FIN	300110	
*M85	778	Lothar Fischer, GER	150336	Ludwigshafen, GER	050222	World R
M90	652	Vittorio Colo, ITA	091111	San Sebastian, ESP	080303	EVC World R
M95	531	Emmerich Zensch, AUT	201219	Torun, POL	270315	EMC World R
M100	327	Giuseppe Ottaviani, ITA	200516	Ancona, ITA	200516	World R
W35	1482	Yamile Aldama, GBR	140872	Istanbul, TUR	100312	WC World R
W40	1395	Yamile Aldama, GBR	140872	Göteborg, SWE	030313	World R
W45	1241	Muriel Glovil, FRA	070768	Nantes, FRA	160314	World R
*W50	1169	Andrea Czirbucz, HUN	070572	Torun, POL	300323	WMA World R
*W55	1096	Annika Sandström, SWE	250268	Torun, POL	300323	WMA
W60	1027	Alicia Hernandez Martinez, ESP	200261	Barcelona, ESP	280221	World R
W65	904	Edith Graff, BEL	191141	Helsinki, FIN	250307	EVC
W70	799	Asta Larsson, SWE	231031	San Sebastian, ESP	090303	EVC
W75	787	Christiane Schmalbruch, GER	080137	Budapest, HUN	290314	WMA
W80	757	Rietje Dijkman, NED	210639	Braga, POR	230222	EMC
W85+	426	Senni Sopanen, FIN	110927	Budapest, HUN	290314	WMA

Shot Put

	Name and country	Born	Meet place	Meet date	
(weight 7,26)					
M35 21.04	Gheorge Guset, ROM	280568	Bucuresti, ROM	180206	World R
a) 21.06	Asmir Kolasinac, SRB	151084	Beograd, SRB	070322	
M40 19.48	Ivan Ivancic, YUG	061237	Sindelfingen, GER	020380	
M45 20.40	Ivan Ivancic, YUG	061237	Budapest, HUN	200283	World R
(weight 6,00+)					
M50 17.98	Yngve Wahlander, SWE	150958	Borås, SWE	240110	World R
M55 16.02	Patrick Chala, FRA	080248	Eaubonne, FRA	020208	World R
(weight 5,00+)					
M60 16.80	Patrick Chala, FRA	080248	Ancona, ITA	270309 EVC	World R
M65 15.69	Kurt Goldschmidt, GER	090343	Hamburg, GER	150209	
(weight 4,00+)					
M70 14.76	Karl-Heinz Marg, GER	220538	Ancona, ITA	270309 EVC	
M75 14.48	Karl-Heinz Marg, GER	220538	Budapest, HUN	260314 WMA	World R
(weight 3,00+)					
M80 13.68	Leo Saarinen, FIN	270629	Jyväskylä, FIN	200310	World R
M85 12.50	Östen Edlund, SWE	261134	Sätra, SWE	110120	World R
M90 9.68	Toimi Ahvenjärvi, FIN	250621	Jyväskylä, FIN	060412 WMA	World R
M95 6.85	Ilmari Saunamäki, FIN	200117	Tampere, FIN	180312	
M100 4.43	Giuseppe Ottaviani, ITA	200516	Ancona, ITA	200516	World R
(weight 4,00+)					
W35 21.47	Helena Fibingerova, CZE	130749	Jablonec, CZE	090285	World R
W40 19.16	Antonina Ivanova, URSS	251232	Moskva, RUS	240274	World R
W45 16.49	Zdenka Silhava, CZE	150654	Praha, CZE	130200	World R
(weight 3,00+)					
W50 15.17	Alexandra Marghieva, MDA	270959	Gent, BEL	190311 EVC	World R
W55 14.53	Mihaela Loghin, ROU	010652	Gent, BEL	180311 EVC	World R
W60 13.70	Mihaela Loghin, ROU	010652	Torun, POL	230315 EMC	World R
W65 12.18	Mihaela Loghin, ROU	010652	Torun, POL	250319 WMA	World R
W70 10.82	Evaun Williams, GBR	191237	Clerm. Ferrand, FRA	180308 WMA	World R
(weight 2,00+)					
W75 11.39	Anne Chatrine Rühlow, GER	300936	Erfurt, GER	030312	World R
W80 10.44	Susanne Wissinger, GER	070234	Erfurt, GER	010214	World R
W85 7.40	Rachel Hanssens, BEL	060429	Torun, POL	230315 EMC	World R
*W90 5.87	Rosa Pedersen, DEN	250230	Randers, DEN	050222	World R
*W95+ 3.87	Senni Sopanen, FIN	110927	Salo, FIN	080123	

Weight Throw

	Name and country	Born	Meet place	Meet date	
(weight 15,880+)					
M35 21.10	Szymon Ziolkowski, POL	010776	Bydgoszcz, POL	310114	
M40 18.55	Tibor Gecsek, HUN	220964	Eskilstuna, SWE	120305 EVC	
M45 18.10	Mariusz Walczak, POL	270271	Torun, POL	280319 WMA	
(weight 11,340+)					
M50 23.75	Mariusz Walczak, POL	270271	Torun, POL	130321	World R
M55 19.15	Lech Kowalski, POL	170161	Torun, POL	280319 WMA	
(weight 9,072+)					
M60 20.95	Witold Lipowski, POL	081056	Torun, POL	240319 WMA	
M65 19.12	Hans Röcken, GER	191140	Warendorf, GER	211206	
(weight 7,258+)					
M70 19.74	Gerard Guyot, FRA	151144	Torun, POL	240319 WMA	
*M75 20.99	Arild Busterud, NOR	260148	Torun, POL	260323 WMA	World R
(weight 5,45+)					
M80 17.51	Östen Edlund, SWE	261134	Huddinge, SWE	291114	World R
M85 15.75	Östen Edlund, SWE	261134	Sollentuna, SWE	181219	World R
M90 9.52	Helge Lönnroth, FIN	181216	Helsinki, FIN	230307 EVC	
M95 6.54	Helge Lönnroth, FIN	181216	Jyväskylä, FIN	040412 WMA	
(weight 9,072+)					
W35 17.79	Anna Söderberg, SWE	110673	Göteborg, SWE	060210	World R
W40 15.74	Kirsi Koro, FIN	220676	Tampere, FIN	170218	
W45 15.51	Gonny Mik, NED	230365	Budapest, HUN	280314 WMA	
(weight 7,260+)					
W50 17.19	Gonny Mik, NED	230365	Sittard, NED	200216	World R
W55 16.22	Mirja Marketta Kokko, FIN	080861	Tampere, FIN	170218	World R
(weight 5,449 kg)					
W60 16.70	Inge Faldager, DEN	080148	Clerm. Ferrand, FRA	180308 WMA	
W65 15.11	Inge Faldager, DEN	080148	Budapest, HUN	290314 WMA	
W70 15.10	Annie Van Anholt, NED	220247	Sittard, NED	110218	
(weight 4,00+)					
W75 14.34	Gudrun Mellman, GER	161141	Daegu, Korea	240317 WMA	World R
W80 12.75	Evaun Williams, GBR	191237	Torun, POL	260319 WMA	World R
W85+ 8.72	Hilja Bakhoff, EST	231226	Jyväskylä, FIN	050412 WMA	World R

4 x 200m

		Country and names	Meet place	Meet date	
M35	1:29.74	GBR (Ossai,Collins,Bolan-Ashworth,Beardsell)	Torun,POL	300319 WMA	World R
M40	1:30.97	GBR (D Bradley,B Rund,R Beardsell, T Ossai)	Torun,POL	200119 WMA	World R
M45	1:33.83	SWE (A G Ramirez,M Sunneborn,P Wallin,F Wällgren)	Norrköping,SWE	040317	World R
M50	1:35.35	ITA (W Comper,C Fausti,R Baronini,A De Feo)	Madrid,ESP	240318 EMC	
M55	1:39.40	FRA (C Perochon,F Bontemps,P Barbier,P Carnier)	Torun,POL	300319 WMA	World R
M60	1:45.24	GER (Restle,Scheidt,Groost,Schmitt)	Sindelfingen,GER	140304 WMA	
*M60	1:43.66	GBR (J Wright,P Logan,M Vassiliou,Pilo)	Torun,POL	010423 WMA	
*M65	1:49.61	POL (K Zduaniak,S Klosiwickz,W Musial,W Orłowski)	Torun,POL	010423 WMA	
M70	1:55.51	GBR (T Bisset,J Smith,G Sutton,V Novell)	Ancona,ITA	030416 EMC	
M75	2:00.58	GER (H Beckering,H Hufnagel,A Nehren,G Müller)	Budapest,HUN	300314 WMA	World R
M80	2:16.73	GER (L Müller, G Linke, H Geijer, H Hufnagel)	Erfurt,GER	050317	
*M85+	2:53.24	ITA (Marchioni, Veronesi, Veschi, Paderno)	Padova, ITA	050223	World R
W35	1:42.53	POL (M Gasowska,J Balcerzak,A Lemiesz,A Grot)	Torun,POL	300319 WMA	World R
W40	1:44.34	GER (Moritz,Heindrich,Grissmer,Görling)	Sindelfingen,GER	140304 WMA	World R
W45	1:46.38	GER (K Berend,P Kauerhof,A Grissmer,R Schulz)	Clerm.Ferrand,FRA	220308 WMA	World R
W50	1:50.40	GER (K Berend,H Joerg,A Koegst,B Burzlauff)	Ancona,ITA	030416 EMC	World R
W55	1:55.90	GBR (J Trimble,C Filer,A McClelland,J Horder)	Budapest,HUN	300314 WMA	World R
W60	2:00.37	GBR (H Godsell,C Filar,J Horder,C Powell)	Madrid,ESP	240318 EMA	World R
W65	2:09.74	GER (K Foerster,B Schommler,W Kraehe,I Meier)	Budapest,HUN	230314 WMA	World R
W70	2:31.76	DEN (I Bluhm, M Gram,IL Villum,U Hovgaard)	Skive,DEN	101220	World R
W75	2:50.72	GER (L Ritter,A Eriksen,H Glatzki,H Venn)	Torun,POL	300319 WMA	World R
*W80+	3:36.96	GBR (K Stewart,I Hornsey,B Stracey,D Fraser))	Torun,POL	010423 WMA	World R

Pentathlon (scored with the new age factors from 2023)

60m hurdles, hurdle heights. M35-M45:0.991m, M50-M55:0.914m, M60-M65,W35:0.84m, M70-M75,W40-W55:0.762m,
M80+,W60+:0.686m

Weights in Shot Put: M35-M45:7.26, M50-M55:6.0+, M60-M65:5.0+, M70-M75:4.0+, M80+:3.0+
W35-W45:4.0, W50-W55:3.0+, W60-W70:3.0+, W75-W80+:2.0+

Middle distance: M35-M70:1000m, M75-M85+, W35-W75+:800m

	60mh	LongJ	ShotP	HighJ	1000m	MÄN	EJ	KLART		
M35 4057e	Oscar Gonzales Garrido,ESP	080876	Budapest,HUN	250314	WMA	World R				
	(8.33 - 703 - 1343 - 193 - 2:48.50)	900	886	731	758	782				
M40 4361e	Mattias Sunneborn,SWE	270970	San Sebastian,ESP	220313	EVC	World R				
	(8.38 - 727 - 1284 - 184 - 2:47.78)	949	1053	745	758	856				
*M45 4260	Oscar Gonzales Garrido, ESP	080776	Antequera,ESP	050323		World R				
	(8.74 - 641 - 11.72 - 186 - 2:58.16)	932	920	722	868	818				
M50 4341e	Jose Antonio Urena Vano,ESP	200167	Madrid,ESP	230318	EMC	World R				
	(8.84 - 595 - 13.32 - 166 - 2:54.12)	962	888	813	749	929				
*M55 4234e	Jose Antonio Urena Vano,ESP	200167	Valencia,ESP	060222		World R				
	(9.28 - 570 - 12.20 - 151 - 3:04.82)	944	918	799	679	894				
	60mh LongJ ShotP HighJ 1000m									
M60 4216e	Rolf Geese,GER	190244	Sindelfingen/GER	100304	WMA	World R				
	(9.15 - 514 - 1268 - 148 - 3:19.26)	984	845	822	731	834				
M65 4360e	Klemens Grissmer,GER	121151	Daegu/KOR	240317	WMA	World R				
	(9.64 - 548 - 1164 - 156 - 4:02.57)	967	1086	820	925	562				
M70 4241e	Valdis Cela,LAT	010248	Madrid/ESP	230318	EMA	World R				
	(10.35 - 475 - 10.69 - 151 - 3:48.51)	984	- 1015 - 709	- 1021 - 846						
M75 4009e	Rolf Geese,GER	190244	Torun/POL	270319	WMA	World R				
	(1054 - 396 - 1037 - 132 - 4:00.49)	935	741	784	813	736				
M80 3854e	Willi Klaus,GER	061138	Torun/POL	270319	WMA	World R				
	(12.53 - 382 - 1000 - 129 - 4:20.14)	726	823	721	878	706				
*M85 2836	Paulus Makkonen,FIN		Torun,POL	290323	WMAI	World R				
	(14.16 - 300 - 948 - 103 - 6:43.65)	683	630	780	593	150				

	60mh	HJ	SP	LJ	800m		
W35	4191e	Inma Clopes Gasull, ESP	190168	Valencia/ESP	020303	World R	
		(8.80 - 169 - 1340 - 574 - 2:26.71)					
		952 879 787 825 748					
W40	4295e	Sonia Del Prete, FRA	070270	Gent, BEL	170311	EVC	World R
		(8.94 - 160 - 1067 - 586 - 2:32.83)					
		1059 867 655 972 742					
W45	4480e	Barbara Gähling, GER	200165	Gent/BEL	170311	EVC	World R
		(9.16 - 154 - 1167 - 519 - 2:28.64)					
		1077 891 799 843 870					
*W50	4528e	Tatjana Schilling, GER	051070	Torun, POL	310323	WMA	World R
		(9.50 - 154 - 1189 - 503 - 2:37.62)					
		1035 1003 759 893 838					
W55	4434e	Petra Bajeat, FRA	060366	Nates, FRA	211121		
		(9.78 - 146 - 1005 - 507 - 2:59.92)					
		1050 991 688 1033 672					
W60	4374	Maria Rosa Escribano, ESP	291258	Barcelona, ESP	280221		World R
		(10.57 - 139 - 952 - 451 - 2:59.82)					
		982 991 719 921 761					
W65	3970e	Riet Jonkers, NED	041043	Ancona/ITA	270309	EVC	
		(12.27 - 118 - 862 - 396 - 2:54.72)					
		783 759 719 798 911					
W70	4047e	Riet Jonkers, NED	041043	Budapest, HUN	250314	WMA	World R
		(12.06 - 118 - 765 - 359 - 3:12.86)					
		914 855 709 744 825					
W75	4084e	Riet Jonkers, NED	041043	Torun, POL	290319	WMA	World R
		(13.17 - 117 - 855 - 324 - 3:24.47)					
		883 953 731 694 823					
*W80	1903e	Varpu Holmberg, FIN	220941	Torun, POL	310323	WMA	
		(26.08 - 99 - 674 - 236 - 5:30.76)					
		6 724 644 393 136					