



TEAM MANAGER MEETING MINUTES

Friday 29th SEPTEMBER 2023

Opening: by Giovanni Tracanelli: no written questions:

Vesna Repic: 20K Race Walk (Saturday). It will be 3 starts: 2 in the morning, 1 in the afternoon. The temperature will be $\pm 25^\circ$; the organisation will do all it can for the safety of the athletes (like enough water available). The call room will be at the same place as for the 10K. Call room times: 30 minutes before the start of the race.

Personal refreshments can be put on the tables with the name of the country on it. Only 2 people can hand them out; the athlete has to stand still when receiving his refreshment.

There will be (first) 1 refreshment station for all (water and energy drink) ; (and after that) 2 refreshment stations for personal refreshments.

Athletes are allowed to wear a belt with their personal refreshments, gels, etc.

Please tell your athletes to drink enough before the race! In yesterday's race, some athletes in older age categories took medicines on the day before and were not enough hydrated.

Yesterday there were discussions about not enough judges, not enough volunteers, and not enough water. Tomorrow will be taken care of more than enough water.

Composed teams will be published in the TMs WhatsApp group.

Romania: please remember the rule: pacing from outside is forbidden! In the Team Manual, it is only about assistance in cross country; this rule is also about Road Races. (Archie Jenkins: an e-mail about this kind of assistance had been sent a week ago).

The announcer near the start should give a warning for assistance, before the start. Team Managers know the rule; it is mostly the general public that doesn't know.

Danmark: the road track is very bumpy. The spots will be marked with white paint (or maybe filled up).

Finland: yesterday there was a female athlete in an older category who was running in the wrong direction.

Ireland: some slower runners had to cross the road of the finishers (Anne (TM Ireland) tried to help).

Croatia: at pole vault there was an athlete who didn't confirm and his shoes were not checked in the Call Room (he won a bronze medal).

Alan: All shoes are checked visually in the call room. Another athlete can protest at the venue of the competition to the Referee against the shoes of an athlete, not afterward.

Vesna: half marathon: 2 laps; start at the 'marathon gate'. The map of the route was shown. There is 1 (mass) start; competitors in the 'open race' are recognizable by different bibs.

The call room is near the start. Baggage can be dropped (with a bib number on it) in a guarded area; athletes can pick it up there after they finish.

The finish of the half marathon is in the stadium: there will be 2 different lanes to finish (one for the EMACS competition and the other for the 'open race').

When an athlete has lost his bib and got a new one: only the new one counts. Athletes have to take care that they wear the bib with the transponder on the front.

Yesterday a team was excluded because one of the athletes didn't wear a transponder.

It is not allowed to cut or fold the bib. In the call room will be checked if the transponder is on the front.

Confirmation for the composed team: till 19:00 tomorrow (Saturday).

Janusz Krynicki: The limit time for both Race walk and Half Marathon is: 3 hours (so Half marathon: 90 minutes after one lap).

An (Italian) athlete who fell down (because of a medical problem) at the 10k race, will not be allowed to run the Half Marathon.

There will be 2 ambulances: one along the route and one at the finish.

Remind: according to the WMA rules: the order of the 4 x 400m mixed relay is: M/W/M/W.

Alan: two para-athletes competed yesterday in the competition. Masters have no regulations for that; it is encouraging for those athletes to compete in these events.

As regards the (short) hurdles: 52% of the entered athletes didn't show up. That's why there were big gaps between the races, yesterday.

Nice story to tell: yesterday an M85+ athlete came late to the call room for his next event because he had to go to the doping control (doping controls are done randomly, so even an athlete in his age category can be controlled). And when Alan asked him: "And.....did they find anything?" he answered: "Yes: red wine !"

Jaume Ferret handed out some diplomas for Masters World Records: after 6 years WMA decided to change the logo. He showed the new diplomas, signed by the WMA President.

The last Team Manager Meeting will be held on:

Saturday 30th September at 9:00 a.m.